

Community Building

PARKS OF DISTINCT WORTH

Boost Property Value—Wise City Planning Also Factor of Health, Authority Says.

Dr. George F. Kunz of New York, president of the American Scenic and Historical Preservation society, produced a mass of evidence to show how greatly the presence of any beautiful natural feature such as a park increases the value of surrounding property in dollars and cents. After discussing the case of Central park, Doctor Kunz continued:

"If, when the plans for the city of New York above Tenth street were being prepared, there had been a landscape architect, or some one with judgment, he could have used the various ponds for small lakes, he would not have eradicated every hill, but would here and there have given us a small park, and would not have laid out the city on the lines of a checkerboard, with a loss of both beauty and accessibility.

"Instead of giving us a few avenues and many streets, he would have reversed the order and given us many avenues and fewer streets, with the result that traffic would not have been rendered difficult for many years and almost impossible as it is today. Moreover, as the sun rises in the east and sets in the west, it would have meant that two or three times as many homes as now would have had sunlight all the day, whereas at the present time in many of the side streets the sun is never seen and the streets are filled with ice, and the death rate of the entire city has been notably increased by the little knowledge shown of what New York was to be in the future."—New York Times.

PLEA FOR WELL-KEPT ROADS

Neglected Streets Not Alone Unhealthful, but Create Bad Impression on the Visitor.

There are 15,450 "incorporated places" in America. Of these 15,450 cities, towns and villages only 2,800 exceed a population of 2,500 people each; yet these 2,800 "urban places" contain 54,000,000 people, while 12,000 "rural places" contain 9,000,000. Nearly all the 9,000,000 residents of the 12,000 "rural places" live on unpaved streets, and the same holds true of a large percentage of the residents of "urban places." There are no statistics to show how many miles of streets there are in the 15,400 "incorporated places," so that we cannot estimate accurately the percentage of unpaved streets.

Even without such statistics to indicate the extent of unpaved streets, it would be evident enough to any one who travels much that most of our small towns are inadequately paved. Mud half the year and dust the other half are characteristics of their streets.

What the City Needs.

A revival of morality and old-fashioned honesty is the most urgent need of our American life today. The explanation offered of the horrible condition in Russia is that men could not keep up with the rapid developments of civilization and, dropping behind the procession, they are slowly reverting to barbarism.

Home-Owning Always Worth While.

Owning a home is one of the most satisfactory forms of investment which can possibly be undertaken. As with an investment of any kind, it should be entered into only after due and sufficient thought, and one must be careful not to undertake more than can be performed. Ordinarily, however, the objective to be gained is of sufficient importance to justify considerable effort, and even making great sacrifices to accomplish the ownership of a home will be worth while in the end.

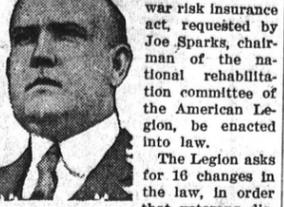
Good for Old Ladies.

The other day a woman, ninety-two years old, went to the Old Ladies' home at Terre Haute. She was so brisk and cheery, despite her deafness, Later she was visited by one of her old neighbors, who asked her how she liked the home.

PLAN RELIEF FOR DISABLED

American Legion Asks for Sixteen Changes in the War Risk Insurance Law.

Substantial relief will be given by congress to disabled veterans of the World war, should amendments to the war risk insurance act, requested by Joe Sparks, chairman of the national rehabilitation committee of the American Legion, be enacted into law.



Joe Sparks.

The Legion asks for 16 changes in the law, in order that veterans disabled as a result of their war service, not now receiving relief from the government, may be cared for by law.

Amendments to the war risk insurance act requested by the Legion at a recent hearing follow:

1. That if the insurance of a neuro-psychiatric patient of the veterans' bureau has lapsed and he has not had a guardian appointed by court, that the director of the United States veterans' bureau be directed to reinstate his insurance and continue it in force.

2. To prevent the examiners of the veterans' bureau from using their judgment as to whether a man's disability is of service origin when this disability was not noted at the time of his enrollment for service.

3. The word "pulmonary" be stricken from the law so that service men suffering from tuberculosis of the glands or bone may become compensable.

4. That the period of separation from active service during which an ex-service man would be considered to have contracted tuberculosis automatically from service be extended to five years from the present period of two years following discharge.

5. That the provision limiting to two years a man's automatic service connection when suffering from a neuro-psychiatric disease, be automatically extended to five years.

6. That burial expenses of \$100 be amended to provide for \$200, transportation and funeral, and that this be extended to claimants of the bureau who die in institutions under the jurisdiction of the bureau, although they have not been declared compensable.

7. That where a disabled veteran has been an inmate of a hospital or asylum during a continual period of one year or more or where such person has been rated as totally disabled or totally and temporarily disabled for a continual period of one year or more, he shall be rated as totally and permanently disabled.

8. Providing that the total permanent disability rating clause be amended to include the loss of the hearing of both ears as permanent and total disability.

9. That in no case shall the compensation of a disabled person be reduced unless a physical examination has been made since the last rating, nor until he shall have been given at least three months' notice mailed to his last address of the bureau's intention to make a reduction.

10. To extend the period from one year after discharge or from August 9, 1922, to August 9, 1926, for obtaining certificates of disability.

11. To make certificates of disability irrevocable.

12. That the date by which government term insurance must be converted to insurance carrying a reserve shall be extended from 1926 to 1931.

13. That an applicant for reinstatement who suffers from a disability of service origin, and who is indigent may reinstate his government insurance and have the lapsed premiums charged against the face of his policy.

14. To make permanent total disability payable to veterans whose insurance has lapsed, where compensation in excess of premiums was due.

15. To make insurance payable to beneficiaries, where a permanent total disabled veteran was denied reinstatement because of his condition, and has since died.

16. To provide that the veterans' bureau shall furnish all patients on discharge from hospital, a statement of the medical finding as to the condition of such patient.

SINGS IN YORK POST REVUE

Miss Nora Sechrist, Vocalist, Assists Pennsylvania Boys in Big Entertainment.

Remembering the cheering effects of a soldier shows which enlivened the long, dreary months while the American doughboys were waiting in France for the ship to take them home, American Legion members have established the practice of staging home-talent dramatic productions in all parts of the country.

Assisted by their Miss Nora Sechrist woman friends and relatives, the Legionnaires have been able to produce some creditable performances. Among the productions of 1923 was the American Legion Revue, held by the post at York, Pa.

Miss Nora Sechrist, who sang the leading role in the 1921 and 1922 revues of the same post, consented to assist the Legionnaires by starring in the 1923 performance.

A Rain Trap. In a time of distressing drought a harassed amateur agriculturist stepped into a shop and bought a barometer. The clerk was making a few explanations about indications and pressures when the customer interrupted impatiently, saying:

"Yes, yes, that's all right, but what I want to know is how you set the thing when you want it to rain?"—American Legion Weekly.

Fund to Buy Linens. The Marion County Council of the American Legion Auxiliary in Indianapolis, unanimously voted to raise \$2,500 for a memorial fund to buy linens for the first unit of the James Whitcomb Riley Memorial Hospital for Children, now under construction.

INVENTOR WITH NEW AUTO HEADLIGHT



Prof. R. C. Gowdy, professor of physics in the University of Cincinnati, claims his invention is the perfect automobile headlight. Nothing but a piece of window glass is necessary in connection with this new safe light, which eliminates all glare no matter how strong a bulb is used. It lights up the roadway brilliantly for more than 150 feet ahead. All this is accomplished by modifying the parabolic reflector so that the light is distributed properly at its first reflection by fluting the silvered reflector itself, making special dispersing lenses or devices unnecessary. As the new headlight has been pronounced legal everywhere, many auto makers are already making arrangements to use this simple device as standard equipment.

COIL OVERCOMES IGNITION BREAK

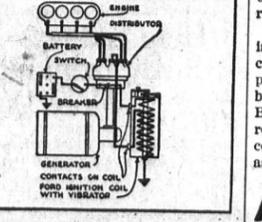
Addition of Vibrating Device Sometimes Overcomes Difficulties in Battery.

STREAM OF SPARKS STARTED

Arrangement is Particularly Effective in Improving Running of Faulty Engine at Low Speed—Expense is Small.

The addition of a vibrating coil will sometimes remedy serious difficulties in an ordinary battery ignition system. Such a system supplies a single spark and when the ignition, carburization, cylinders, and valves are in first-class condition, that is sufficient. When, however, the ignition coil breaks down, the ignition mechanism and the carburetor become worn or are out of adjustment, and the cylinders, valves or valve stems leak, a succession of sparks is apt to improve the running to a marked degree.

Steady Stream of Sparks. An ordinary vibrating coil is substituted for the regular coil. Therefore, when the breaker points close, a steady stream of sparks passes between the spark plug points. The



How the Vibrating Coil is Connected.

breaker mechanism is designed to generate a spark at the plug points when the breaker points open, but this device starts a stream of sparks when the breaker points close, previous to opening, and this stream continues as long as the points are closed. Sometimes retiming may be found necessary.

Improves Faulty Engine.

This expedient is particularly effective in improving the running of a faulty engine at low speed because the series of sparks occur when the engine is operating on practically a closed throttle.

The coil is mounted so that the bottom contact is grounded on the frame of the car or the engine and a wire is carried from the lower contact to the top of the distributor. The coil wire of the circuit breaker connects with the upper contact, and the other wiring from circuit breaker to switch and to battery remains unchanged.

Since a vibrating coil costs little, it is possible to try out this device without much expense. Installations that have been used have given such satisfactory results that it may be concluded that a used car fitted with a vibrating coil is given a new life not possible even by entirely renewing its single spark type of ignition system.—A. L. B. in Popular Science Monthly.

REACTION TIME HARD QUESTION FOR OWNER

Driver Should Know Value of His Personal Equation

Interval Elapsing Between Instant Sign or Signal is Given and Necessary Action Started is Cause of Many Accidents.

"What is your reaction time or do you know the value of your personal equation?"

This has been suggested as a possible question to be put to applicants for motor vehicle driver's license, according to the bureau of public roads of the Department of Agriculture. Reaction time is the interval of time that elapses between the instant a sign or signal is seen and the necessary action started. A driver starts to pass another vehicle when suddenly a third vehicle appears which may block his path. The driver must decide whether to pass the vehicle or drop back. If his reaction time is slow he may not realize the danger until too late to avert an accident.

Every astronomer who observes when a star crosses a hair line in his telescope and presses a key so that the time may be electrically recorded knows that he does not observe the fact and press the key at the same time. A correction has to be made which has been carefully determined and is called his personal equation. It varies with different people.

Timers of a foot race with split-second watches will frequently get different results for the time of the race.

The reaction time of some people is very slow and undoubtedly is the cause of many accidents. Does the public safety require that such people be denied drivers' licenses? The Bureau of Public Roads is not yet ready to advocate such a policy, but considers that it should be investigated as a possible safety measure.

AUTOMOBILE GOSSIP

The United States is now producing more than three-fourths of the automobiles of the world.

If you have occasion to remove the magnets of a magnet to be careful not to drop them, as they break easily.

Be sure that all hose connections are changed once a year. Hot water rots the rubber, loosens up the fabric which gets in the way of the water, cutting down the efficiency of the cooling system.

Do not change inflation pressure with change in atmospheric temperature. More damage results from trying to compensate for an increase in the tire temperature than is caused by the increase in temperature itself.

The hours of use of the automobile will total more than the hours of use of the piano, phonograph telephone and sewing machine. In point of value, the automobile will far exceed the total value of these other things.

With two possible exceptions all automobile accidents are avoidable. These two causes are the infrequent unavoidable skids and accidents resulting from the unheralded breaking of some vital part of the car.

The KITCHEN CABINET

Don't think people judge your generosity by the amount of advice you give away.

ORANGE WAYS

One or more oranges a day will keep the average individual in good health. Strained orange juice is an invaluable tonic, and may be given a three-months-old baby, if given between feedings. Orange juice is rich in vitamins, the growth-producing food principle.

A delicious pie is prepared by filling a baked shell with oranges cut in small pieces and mixed with sugar; cover with a meringue and brown quickly in a hot oven. Serve cold.

As a simple salad there is no more appetizing one than sliced oranges with a French dressing. Cover the fruit with boiling water and let stand ten minutes, then drain and cover with cold water ten minutes. The peel will then come off easily, leaving the fruit free from the white inner peel. Slice in rounds; arrange in overlapping slices on lettuce with French dressing. Use three tablespoonfuls of oil with one of lemon juice, salt and cayenne and a teaspoonful of powdered sugar. Beat well with an egg-beater to blend the ingredients; chill and serve.

Nobody will refuse a dish of plain sliced oranges, sprinkled lightly with sugar; accompany with cake or cookies as a dessert.

Ambrosia, an old-fashioned dish, is sliced oranges, sprinkled in layers with sugar and grated coconut. Served in a glass dish, it is both attractive and tasty. In serving oranges in any baked mixture, like custard or fruit puddings, the fruit is apt to become bitter because of overheating. The fruit is best served very lightly heated or perfectly fresh.

Orange shortcake is a great favorite. Prepare a rich biscuit dough, bake in layers or butter one layer and lay on another before baking, then split, butter well and heap up with cut-up oranges mixed to sweeten with sugar, allowing the juice to soak into the cake. Serve at once while the shortcake is hot. Grated orange rind makes delicious flavoring for cakes, frostings and sauces; the juice used with powdered sugar a most dainty icing for cakes, and the juice and rind a delightful pudding sauce for a dainty cottage pudding.

A small glass of unstrained orange juice is a good drink for the aged, refreshing and quite as valuable for the aged as for the small baby. The orange juice acts on the bowels and keeps them in healthy activity.

Cease to lament for that thou canst not help, And study help for that, that thou lamentest.—Shakespeare.

MORE GOOD THINGS

When a roast or leftover cold meat is to be served for another meal, serve with:

Curry Sauce.—Melt two tablespoonfuls of butter and drop into it a sliced onion; let fry until brown, then stir in a tablespoonful of flour and one of curry powder. Mix well, let cook until smooth and add three-quarters of a pint of any clear soup. Bring to the boiling point, add a sliced tomato, season well; simmer for twenty minutes, then strain and serve hot.

Cinnamon Apples.—These apples are very pretty to look at and good to eat. Core and pare greening apples and boil in the following syrup until soft: One cupful of sugar, one cupful of water boiled together five minutes, add a half cupful of cinnamon candies (cullied in some places "red hots"), let stand in the syrup until the apples are a good color. These are especially good for a dinner, serving one with a slice of baked ham on the dinner plate.

Raisin and Buttermilk Bread.—Take four cupfuls of flour, three tablespoonfuls of sugar, one teaspoonful of salt, one teaspoonful of soda, five tablespoonfuls of shortening, two eggs, two teaspoonfuls of cream of tartar, one cupful of seedless raisins and buttermilk to make a soft batter. Mix, roll out and bake in four pieces in greased pans in a hot oven for twenty-five minutes.

Raisin Macaroons.—Take two cupfuls of toasted cornflakes, one cupful of sugar, one teaspoonful of vanilla, two egg whites and one cupful of seedless raisins. Beat the egg whites until stiff, add the sugar gradually, then the flakes, vanilla and raisins. A dash of salt and a few chopped nuts improve them. Bake on greased sheets, dropping from a teaspoon. This recipe makes thirty macaroons.

Cheese With Olives.—Put one-quarter of a pound of Roquefort and one-quarter of a pound of cottage cheese into a bowl, moisten with cream or condensed milk and mix well. Chop one small bottle of stuffed olives, add salt, pepper and a few drops of onion juice. Mix well and use as a cheese dish or as filling for sandwiches.

Stale cake, cookies or lady fingers may be used to line the molds for gelatin pudding.

Nellie Maxwell

MOON ONCE PART OF EARTH?

Belief Seems to Be Upheld by Recent Series of Investigations Made by Scientists.

Professor Turner's statement at the Royal Institute that the earth was probably once pear-shaped and that the moon originated from a fracture, reminds the London Daily News that recent determinations of the diameter of the earth in different longitudes show that it is still somewhat pear-shaped.

The mathematical investigations of Dr. J. H. Jeans (for which he was last year awarded the gold medal of the Royal Astronomical society) place the top of the pear in the southwest of England and the stalk end in the South Pacific.

By an independent method, based on the similarity between photographs of the extinct volcanoes on the moon and the volcanic islands in the Pacific, photographed from a balloon, Professor Pickering has produced evidence which supports the theory that the separation of the moon from the stalk of the earth occurred in the Pacific ocean.

The importance of this theory lies in the fact that if the earth is still somewhat pear-shaped, but tending to the shape of a sphere through a series of ruptures, the effect of the latter will be apparent as earthquakes in a region about midway between the top of the pear (the British Isles) and the end of the stalk (the south Pacific).

The region of the earth thus defined is approximately what is called the "earthquake zone," inside which practically every big earthquake occurs. There is reason to believe that the moon, which is almost certainly a chip off the earth's stalk, is an important factor in causing earthquakes in the unstable earthquake zone. Nearly all the serious seismic disturbances happen when the moon is so placed as to exert its maximum tidal pull on the earth, and acts as the "last straw" in that part of the earth where its increased gravitational attraction is most potent.

There is no suggestion that the earth is still as unsymmetrical as the average pear, but all the available evidence tends to support the theory that the earth has not yet settled down to the orange-shaped body with which it is compared in most textbooks.

WHY DRUGGISTS RECOMMEND SWAMP-ROOT

For many years druggists have watched with much interest the remarkable record maintained by Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder medicine.

It is a physician's prescription. Swamp-Root is a strengthening medicine. It helps the kidneys, liver and bladder do the work nature intended they should do.

Swamp-Root has stood the test of years. It is sold by all druggists on its merit and it should help you. No other kidney medicine has so many friends.

Be sure to get Swamp-Root and start treatment at once. However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Advertisement.

MAN'S BEST AGE

A man is as old as his organs; he can be as vigorous and healthy at 70 as at 35 if he aids his organs in performing their functions. Keep your vital organs healthy with

LATHROP'S GOLD MEDAL HAARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles since 1896; corrects disorders; stimulates vital organs. All druggists, three sizes. Look for the name Gold Medal on every box and accept no imitation.

DON'T RUB!

INFLAMED LIDS It increases the irritation. Use MITCHELL'S EYE SALVE, a simple, dependable, safe remedy. Use it at all druggists.

MOTHER GRAY'S SWEET POWDERS FOR CHILDREN A Certain Relief for Feverishness, Constipation, Headache, Stomach Troubles, Teething Disorders, and Destroy Worms. They Break up Colds in 24 hours. At all druggists. Sample mailed FREE. Address MOTHER GRAY CO., Le Roy, N. Y.

W. N. U., San Francisco, No. 12-1923.

CHIPS

You may have noticed that easy money is difficult to retain. Man wants but little here below, but he never gets quite enough. Mend your own faults and don't let the faults of others worry you. Few things are as exhaustive as those we try to get for nothing. A man seldom works overtime in an effort to make his wife happy. If you would make a lasting impression on a woman try to suppress her.